



NCAS Coaching Course

Become a Judo Coach & Make a difference
Sat 16 Sep 2017

Becoming a judo coach allows you to continue your Judo career and develop it through others.



“Judo has two main principles.”

Jita Kyoei: The mutual benefit and prosperity for self and others, and

Seiryoko Zenyo: Maximum effect through Minimum effort.

Being a Judo Coach allows you to put these principles into practice.



Share in the success and development of athletes enabling them to reach their full potential.



Contribute to the future development of judo and make a difference to someone's future.

Work with all types of people from children to Olympic athletes.

LOCATION

Judo NSW Training Centre.
Newington Armory 1 Jamieson St
Sydney Olympic Park NSW 2127

DATE & TIME

Sat 16 September 2017 (9:00am - 5PM)

COST

Full Day Course - includes NCAS Certificate.
Early Bird Rate \$100 before 11 Sep 2017
Register online at www.judonsw.com.au
Entries Close – midnight Thu 14 Sep 2017

NCAS 'CLUB' LEVEL REQUIREMENTS

- Current first aid certificate
- Completed log book (updating coaches only)
- Lesson plan for a 10 minute warm-up and cool-down (to be handed in)
- Lesson plan to teach a tachiwaza and newaza skill (to be handed in)
- Complete the on line Community Coaching Principles course on the ASC web site. (Must be completed before NCAS is Awarded)

FURTHER ENQUIRIES

NCAS Coordinator

Michael Griffiths – Bsc (Hons) Sports Coaching (Judo). EJU Level 5 High Performance Coach
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Judo NSW

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