

## 2021 SENIOR SQUAD TIMETABLE

### CADET BOYS/GIRLS, JUNIOR MEN/WOMEN & SENIOR MEN/WOMEN

MONDAY	WEDNESDAY	SATURDAY	SUNDAY
		8 <sup>th</sup> May 9.00 – 11.00pm 1.00 – 3.00pm	9 <sup>th</sup> May 9.00 – 11am
10 <sup>th</sup> May No Training	12 <sup>th</sup> May Men:7 – 9pm Women:7-9pm	15 <sup>th</sup> May 12.30 – 2.30pm Combined M&W	
17 <sup>th</sup> May No Training	19 <sup>th</sup> May Men:7 – 9pm Women:7-9pm	22 <sup>nd</sup> May 12.30 – 2.30pm Combined M&W	
24 <sup>th</sup> May No Training	26 <sup>th</sup> May Men:7 – 9pm Women:7-9pm	29 <sup>th</sup> May 12.30 – 2.30pm Combined M&W	
31 <sup>st</sup> May No Training	2 <sup>nd</sup> June Men:7 – 9pm Women:7-9pm	5 <sup>th</sup> June 12.30 – 2.30pm Combined M&W	
7 <sup>th</sup> June No Training	9 <sup>th</sup> June Men:7 – 9pm Women:7-9pm	<b>2021 NATIONALS</b> Friday 11 <sup>th</sup> June, Saturday 12 <sup>th</sup> June, Sunday 13 <sup>th</sup> June, Monday 14 <sup>th</sup> June Wednesday 16 <sup>th</sup> June National Training Camp	

*Please note due to covid restrictions lunch will not be provided at camp on the 8<sup>th</sup> May.*

*BYO Lunch, local providers Armory Wharf Café or Newington Shopping Centre.*

**Womens Head Coach:**

**Kylie Koenig.....0404488075 Email: [kwkoenig1@hotmail.com](mailto:kwkoenig1@hotmail.com)**

**Mens Head Coach:**

**Ivica Pavlinic .....0498199964 Email: [ivicapavlinic@gmail.com](mailto:ivicapavlinic@gmail.com)**

## **Managers:**

**Nigel Fricker.....0423692991 Email:**[nigelfricker@yahoo.com.au](mailto:nigelfricker@yahoo.com.au)  
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## **Senior Selection Criteria:**

- **Country athletes defined by the Central Coast and Illawarra Regions must attend Saturday sessions. Separate arrangements will be made for athletes residing outside these areas.**
- **Athletes must attend 75% available weekly training sessions post NSW State Training Camp.**
- **Combined Medical and Athletes Agreements will be developed for 2021**
- **In 2021 Cadets will be required to attend Senior training session. Exemptions may be possible after discussion between Senior and Junior Coaches for athletes whose weight prevents them from realistically participating in the Senior session.**
- **Judo NSW Team 'Hoodies' required to be worn by all athletes at National Championships.**