

Selection Guidelines for the NSW Judo Team 2025

1. INTRODUCTION

- 1.1. Judo NSW have revised their selection guidelines for athletes wishing to compete at the 2025 Australian Championships.
- 1.2. These selection guidelines are for the "shiai" competition which encompasses the following:
 - U13, U15 years Boys and Girls
 - Cadet Men and Women,
 - Junior Men and Women,
 - Senior Men and Women,
 - Masters Men and Women
 - ➤ Kyu grades Men and Women
 - > Adaptive Judo Men and Women
- ** Note: U11 Divisions have been removed from the National Championships.
- 1.3. Selection for this event will be performed by the coaches with responsibility for that group.
- 1.4. The Judo NSW Head Coach and Judo NSW CEO will have final approval of all selections.

2. MINIMUM STANDARDS TO BE MET

- 2.1. To be eligible for consideration for selection to the 2025 NSW Judo Team, athletes must first satisfy the following requirements:
 - Comply with Sections 5.9 and 5.10 of the Sporting Code which relates to residency of Australian athletes and non-Australian athletes,
 - Reside in New South Wales,
 - > Be a financial member and be in good standing with Judo (NSW) and Judo Australia,
 - ➤ Have signed the current Judo NSW Team Member Agreement

3. SELECTION GUIDELINES (COMPETITION ATTENDANCE)

- 3.1. There is no limit to the number of NSW athletes that can be selected in a division.
- 3.2. Athletes MUST compete in the NSW State Championships on the 22/23 March 2025 AND one other NSW based competition including Sydney International Open or Central Coast Open.
- 3.3. The following exemptions will be given if an athlete does not compete in the 2025 NSW State Championships.
 - The athlete is a member of the National Training Centre in Melbourne,
 - > The athlete is training overseas and provides timely communication of this to the Head Coach.
 - > The athlete is representing Australia overseas,

- The athlete is injured and/or sick and is unable to compete. In such case a Doctors Certificate would be required to be presented to the Team Manager.
- Extenuating circumstance exist which the NSW Head Coach and/or Judo NSW CEO agree warrants exemption.
- 3.4. The following exemptions will be given if an athlete does not compete in the **Sydney International Open** or **Central Coast Open** in 2025.
 - The athlete is a member of the National Training Centre in Melbourne,
 - The athlete is training overseas during all 3 International Opens and provides timely communication of this to the Head Coach.
 - > The athlete is representing Australia overseas during all 3 International Opens,
 - > The athlete is injured and/or sick and is unable to compete. In such case a Doctors Certificate would be required to be presented to the Team Manager
 - Extenuating circumstance exist which the Head Coach and/or Judo NSW CEO agree warrants exemption.

4. SELECTION GUIDELINES (NSW STATE TEAM TRAINING)

- 4.1. Attendance is required at the each of the following sessions;
 - Both NSW State Training monthly sessions to be held Saturday 1st February 2025, Saturday 8th March 2025 and Saturday 12th April 2025, AND
 - 2. NSW State Training Camp on the weekend of the 26th & 27th April 2025, AND
 - 3. **Two** weekly NSW State Training sessions (One Weekday TBA and Saturdays) commencing 30th April 2025 up until the National Championships.
- 4.2. Athletes must attend a minimum **70%** of all training sessions offered above. (See 4.3 for athlete exemptions). It is responsibility of the athlete to ensure that their attendance is recorded at each training session.
- 4.3. The following exemptions will be given if an athlete does not attend the provided training sessions in 2025.
 - The athlete is a member of the National Training Centre in Melbourne, (Athlete not required to attend NSW training)
 - The athlete is training overseas during this time and provides timely communication to the Head Coach. (The athlete will be credited with the sessions missed during this time.)
 - The athlete is representing Australia overseas during this time, (The athlete will be credited with the session missed during this time)
 - The athlete is injured and/or sick and is unable to compete. In such case a Doctors Certificate would be required to be presented to the Team Manager.
 - Extenuating circumstance exist which the Judo NSW Head Coach and Judo NSW CEO agree warrants exemption.
 - Athletes from Far Regional (excluding Central Coast and Illawarra) NSW may negotiate training attendance with the Head Coach.