



Selection Guidelines for the NSW Judo Team 2026

1. INTRODUCTION

- 1.1. Judo NSW has finalised their selection guidelines for athletes wishing to compete at the 2026 Australian Championships.
- 1.2. These selection guidelines are for the “shiai” competition which encompasses the following:
 - U13, U15 years Boys and Girls
 - Cadet – Men and Women,
 - Junior – Men and Women,
 - Senior - Men and Women,
 - Masters – Men and Women
 - Kyu grades – Men and Women
 - Adaptive Judo – Men and Women

*** Note: U11 Divisions have been removed from the National Championships.*

- 1.3. Selection for this event will be performed by the coaches with responsibility for that group.
- 1.4. The Judo NSW Head Coach and Judo NSW CEO will have final approval of all selections.
- 1.5. Whilst this document attempts to identify all circumstances where an athlete is unable to fulfil the selection criteria, it is acknowledged there may be extraordinary circumstances where this does not occur. In such cases, the Head Coach and Judo NSW CEO will have discretion to include an athlete.

2. MINIMUM STANDARDS TO BE MET

- 2.1. To be eligible for consideration for selection to the 2026 NSW Judo Team, athletes must first satisfy the following requirements:
 - Comply with Sections 5.9, 5.10 and 5.11 of the Sporting Code (February 2025) which relates to residency of Australian athletes and non-Australian athletes,
 - Be a financial member and be in good standing with Judo (NSW) and Judo Australia,
 - Have agreed to the current Judo NSW Team Member Agreement at Registration.

3. SELECTION GUIDELINES (COMPETITION COMMITMENT)

- 3.1. There is no limit to the number of NSW athletes that can be selected in a division.
- 3.2. **Athletes must compete in selection events as per Annexure 1 (At end of document)**
- 3.3. The following exemptions will be given if an athlete does not compete in the 2026 NSW State Championships, 20206 Sydney International Open or 2026 Canberra International Competitions.
 - The athlete is a member of the National Training Centre in Melbourne,

- The athlete is training overseas and provides timely communication of this to the Head Coach.
- The athlete is representing Australia overseas,
- The athlete is soon to depart and represent Australia overseas and in the opinion of the Head Coach NSW, competing at the NSW State Titles would be detrimental to the athlete's overseas preparation.
- The athlete is a member of the Australian Defence Force or Emergency Services. The athlete will be credited for the session where they are rostered "on duty."
- The athlete is injured and/or sick and is unable to compete. In such case a Doctors Certificate would be required to be presented to the Team Manager.
- Extenuating circumstance exists which the NSW Head Coach and/or Judo NSW CEO agree warrants exemption.

4. SELECTION GUIDELINES (NSW STATE TEAM TRAINING)

4.1 All athletes must attend monthly NSW State Training as per the Judo NSW calendar. This commences on the 7 February, 2026

4.2. Athletes must commit (as a minimum) to the following training attendance;

- Metropolitan athletes – 70% of all Wednesday and Saturday training sessions and training camp to be held on the 28/29 March 2026,
- Greater Sydney athletes (Blue Mountains, Wollongong, Central Coast) – 70% of all Saturday Training sessions and training camp to be held on the 28/29 March 2026,
- Country NSW athletes – Training camp weekend on the 28/29 March 2026.

4.3. It is responsibility of the athlete to ensure that their attendance is recorded at each training session.

- 4.4. The following exemptions will be given if an athlete does not attend the required training sessions in 2026.
 - The athlete is a member of the National Training Centre in Melbourne,
 - The athlete is training overseas during this time and provides timely communication to the Head Coach,
 - The athlete is representing Australia overseas during this time,
 - The athlete is soon to depart and represent Australia overseas and in the opinion of the Head Coach, attending training would be detrimental to the athlete's overseas preparation.
 - If an athlete is injured and/or sick they must provide the team manager with a Doctors Certificate.
 - The athlete is a member of the Australian Defence Force or Emergency Services. The athlete will be credited for the session where they are rostered "on duty."
 - Athletes with extended illness or injury may be de-selected at the discretion of the Head Coach and Judo NSW CEO.
 - Athletes with an extended period of injury or illness may be required to undergo a medical examination (at their cost) to confirm their fitness to compete.

ANNEXURE 1

	Comment	AC International	Sydney International	Judo NSW State Titles (21/22 March)
Junior Boy/Girl	MUST attend State Titles	X	X	Compulsory
Senior Boy/Girl	MUST attend State Titles	X	X	Compulsory
Cadets M/W	MUST attend State Titles & one other event	Option 1	Option 2	Compulsory
Jnr Men/Women	MUST attend State Titles & one other event	Option 1	Option 2	Compulsory
Snr Men/Women	MUST attend State Titles & one other event	Option 1	Option 2	Compulsory
Kyu Men/Women	MUST attend State Titles	X	X	Compulsory
Masters Men/Women	MUST attend State Titles	X	X	Compulsory
Adaptive	MUST attend state Titles	X	X	Compulsory